

Lena M. Sakalla

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Education

University of West Florida
BFA Musical Theatre
BA Interdisciplinary Humanities—Arts Administration
Graduation: May 2020
*Summa Cum Laude

Escola D'Arts Escèniques De Manresa
Grado Superior de técnicas de actuación teatral del curso
June 2022

Professional Experience

Administration Assistant

Artists at Play—Remote

December 2022–Present

- o Researching, reaching out, organizing and networking with sponsors and producers for new performance opportunities for *Dissonance* the play

Coach Lena

Coach Lena—Remote

July 2020–Present

- o Developing artists and refining their techniques in singing, voice & speech, acting, and audition techniques while simultaneously encouraging their personal growth and building their confidence

Show Director

EAEM Manresa—Kursaal Theatre, Manresa, Barcelona, Spain

July 2022

- o Created the overall concept in terms of blocking, movement, interpretation, and technical elements for *The Revolution's Promise* translated into the Catalan in collaboration with The Freedom Theatre in Palestine
- o Coaching actors in their character work, monologue, and scene work in Spanish, Catalan, and English

English Teacher (ESL)

MoMa English Academy —Manresa, Barcelona, Spain

November 2021–June 2022

- o Prepared high school students for certification exams in English, invigorated Middle School students with English concepts and grammar, designed lesson plans and exams, and engaged with parents about student progress

Voice and Speech Technique Instructor

STAR Center Theatre—Gainesville, FL

June 2020

- o Integrated voice & speech/singing technique curriculum unique for ages 9–14 years old

Arts Administration Intern

B Street Theatre—Sacramento, CA

May 2019–August 2019

- o Launched new marketing outreach project to increase mainstage shows' student turnout
- o Collaborated with Associate Artistic Director on overseeing managerial needs for New Comedies Festival
- o Co-designed and directed summer camp showcase, while teaching voice & speech curriculum for ages 5–17 years old
- o House-managed mainstage productions while multitasking other events simultaneously
- o Initiated company management packets and assisted in welcome committee duties
- o Outlined to Facility Manager green initiatives to reduce company's carbon footprint

Children's Show Director/Musical Theatre Teacher

Hippodrome Regional Theatre—Gainesville, FL

June 2018–August 2018

- o Designed weekly rehearsal and class schedules with Director of Education and counselors
- o Adapted and taught voice & speech/singing curriculum for ages 7–17 years old

Musical Director/Musical Theatre Teacher

We The People, Co.—Micanopy, FL

August 2018

- o Collaborated with writer/composer to teach campers lyrics and music
- o Adapted voice & speech/singing curriculum to the outdoor performance space

University of West Florida Technical Experience

• Directed the Freshmen/Sophomore Showcase (Virtual *COVID 19) • Assistant Student Director for *Skin of Our Teeth* • ASM for *A Christmas Carol* • Paint shop hours for *Dearly Departed* • Spotlight Operator for *Evita* • Scene Shop hours for *Baby*

Related Skills

• Strong written & oral communication • Highly organized • Delegation • Microsoft Office • Time management • Flexibility • Detail-oriented • Sound mixing skills • Adobe Photoshop & Illustrator