

Lena M. Sakalla

Lenasakalla.com • Lenamsakalla@gmail.com • (352) 281-4001 • Mezzo Soprano

Education

University of West Florida
BFA Musical Theatre

BA Interdisciplinary Humanities—Arts Administration

Escola D'Arts Escèniques De Manresa

Grado Superior de técnicas de actuación teatral del curso

Graduation: May 2020

*Summa Cum Laude

June 2022

Professional

A Christmas Carol Female Understudy Hippodrome Regional Theatre | Dir. Laura Shatkus

Into the Breeches June Pen Arts, Co. | Christie Kellogg

The Wind in the Willows Ratty Emerald Coast Theatre, Co. | Marci Duncan

Casper the Friendly Ghost One Woman Show L'Aula Idiomes | Assumpta Pérez Treviño

Online:

An Afternoon of Spoken Word Poet Performer Rabbit Hole Television (Colorado) | Angelica Rivera

International Theatre: Escola D'Arts Escèniques De Manresa (EAEM)

La Promesa de La Revolució Rania, Saba'aneh Dir. Lena Sakalla | Cris Sorokin

Culpable JC Dir. Albert Ruiz Sáez

Revolta de Bruixes Dolors Dir. Jofre Borràs

El Camp Corinne, Rebecca, Morris Dir. Mar Casas | Meritxell Calvo

University of West Florida

Silent Sky Henrietta Marci Duncan

A Christmas Carol: A Ghost Story Mrs. Fezziwig/Solicitor #1 Elyn Collier

Antigone Ismene Victoria O'Dell

The Little Mermaid Andrina Mersister/Princess Sara Schoch

The School for Scandal Maria Marci Duncan

Film

Los Secretos de Emily Lead Nil Rvmos

Heart of the Forest Lead Cody Graffius

Training

- EAEM, Manresa, Barcelona, Spain: *Màscara* (Marc Antoine Picard), *Clown* (Javi Soler), *Interpretació* (Alicia Puertas), *Voice 2* (Assumpció Linares), *Body Training* (Laia Oliveras i Guillem Cireras), *Shakespeare en català* (Mireia Cirera)
- The Acting Studio Summer Acting Conservatory, NYC: *Meisner Technique* (James Price/Bruce Hermann), *Scene Analysis* (Bruce Hermann), *Voice & Speech* (LaVonda Elam), *Voiceover* (Mary Workman), *Body Percussion* (Valeria Cossu), *Stage Combat* (Johnny Wang), *Acting for the Camera* (Rodney Ferrer)
- Singing: Sara Schoch, Hanan Tarabay Reddy, Tom Baroco
- Salsa & Bachata, Barcelona, Spain: Juline Carrel

Special Skills

Intermediate Spanish; Basic Catalan; Read music; Directing experience; Voiceover; Basic Jazz, Ballet, and Tap; Basic tech theatre skills; Good with kids; Published poet; Driver's license; Passport; Basic combat; RP & Cockney accents; Can make excellent quinoa